

# WOODLANDS FAMILY CHIROPRACTIC

128 Vision Park Blvd, Suite 250  
The Woodlands, Texas, 77384  
Ph 936.447.9484  
Fx 936.447.9497

Patient Name:	_____
Date Of Birth:	_____
Date Of Exam:	_____

We appreciate you choosing our office. Is there anyone we can thank for referring you?

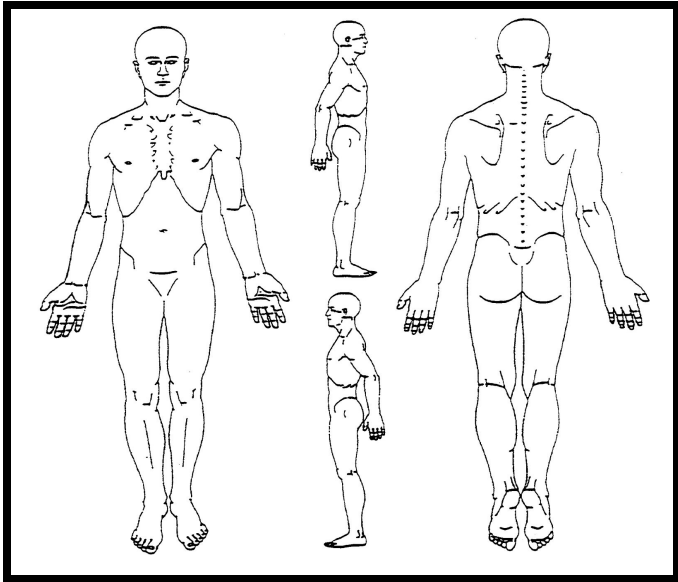
\_\_\_\_\_

Please indicate the main reason you are seeing us today:

\_\_\_\_\_

IF you are seeing us for a PAIN related issue, USE THE SYMBOLS to show the type of pain you feel in each location.

XXXXXXXXX    // // // // // //    O O O O O O O O    S S S S S    - - - - -  
DULL/ACHY    SHARP/STABBING    NUMBNESS/TINGLING    STIFF/TIGHT    BURNING



Using the PAIN SCALE below, CIRCLE the pain level you experience when your problem is at its WORST:

- |  |
|--|
| <p>0 = No Pain. No Discomfort<br/>1 = Minimal Discomfort. Minor stiffness or tightness.<br/>2 = Discomfort. Stiff, tight, sore. Muscle fatigue.<br/>3 = Minimal Pain. More than just sore. Uncomfortable.<br/>4 = Mild Pain. Noticeable pain but tolerable.<br/>5 = Moderate Pain. Aggravating. Still allows movement.<br/>6 = Strong Pain. Quite aggravating. Movement slightly limited.<br/>7 = Very Strong Pain. Very aggravating. Movement definitely limited.<br/>8 = Very, Very Strong Pain. Extremely aggravating. Movement very limited.<br/>9 = Severe Pain. Brings tears. Almost impossible to move.<br/>10 = Excruciating Pain. Agony. Unbearable. Cannot move. ER.</p> |
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Is there any RADIATING PAIN into the arms or legs? \_\_\_\_\_ Any numbness or tingling?  
\_\_\_\_\_

How OFTEN do you experience your problem? (Please indicate for EACH SEPARATE LOCATION if applicable)

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Constant (75 – 100% of the time)

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Frequent (50 – 75% of the time)

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Occasional (25 – 50% of the time)

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Intermittent (0 – 25% of the time)

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List any MD's or other CHIROPRACTORS you've already seen for this problem:

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What TESTS have you already had for this problem? •X-rays •MRI •C.T. Scan •Myelogram •EMG/NCV  
•None •Other

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What REMEDIES have you already tried for this problem that haven't fixed it yet? •Anti-inflammatory •Pain Meds  
•Muscle Relaxers •Injections •Physical Therapy •Chiropractic •Massage •Exercise •Other

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What makes your problem WORSE? •Sitting •Standing •Changing Position •Walking •Bending •Lifting •Twisting  
•Reaching •Driving •Sleeping •Sneeze/Cough •Computer Work •Telephone •Going From Sit To Stand  
•Other \_\_\_\_\_

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## PAST MEDICAL HISTORY

Please list any conditions that you've been DIAGNOSED with or been treated for over the course of your life:

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Please list any SURGERIES you have had over the course of your life:

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## MEDICATIONS & ALLERGIES

Are you ALLERGIC to any medications? •Yes •No If yes, please list:

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List any MEDS, HERBS OR SUPPLEMENTS you are taking:

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## FAMILY HISTORY

**Mother:** •Living •Deceased List any medical problems:  
\_\_\_\_\_

**Father:** •Living •Deceased List any medical problems:  
\_\_\_\_\_

**List any problems COMMON in your family:** •Cancer •Diabetes •Heart disease •High blood pressure •Stroke •Arthritis  
•Scoliosis •Thyroid disease •Osteoporosis  
\_\_\_\_\_

## SOCIAL HISTORY

**Marital status:** •Married •Single •Divorced •Common Law •Engaged •Widowed

**Do you have any children?** •Yes •No If yes, how many?  
\_\_\_\_\_

**Do you drink alcohol?** •Yes •No If yes, how much & how often?  
\_\_\_\_\_

**Do you smoke?** •Yes •No If yes, how much, how often & how long?  
\_\_\_\_\_

**Do you use any illegal drugs?** •Yes •No If yes, what drugs, how often & how long?  
\_\_\_\_\_

**Are you currently employed?** •Yes •No If yes, what is your occupation?  
\_\_\_\_\_

**Who is your current employer?** \_\_\_\_\_ **How long have you been at this job?**  
\_\_\_\_\_

**On a scale of 0 to 10 with 0=Worst and 10=Best, rate how well you think you are doing with the following:**

Exercise \_\_\_\_\_ Sleep \_\_\_\_\_ Diet \_\_\_\_\_ Stress Level \_\_\_\_\_ Water Intake \_\_\_\_\_ Energy  
Level \_\_\_\_\_ = \_\_\_\_\_

**Do you take:** Omega 3 (Fish Oil)? Yes No Vitamin D3? Yes No Probiotics? Yes No

## REVIEW OF SYSTEMS

Please use the scale below (0 to 4) to rate each of the symptoms on this page according to your health status over the past 30 days: 0 = Never have this symptom

1 = Occasionally have this symptom, effect not severe

2 = Occasionally have this symptom, effect is severe

3 = Frequently have this symptom, effect not severe

4 = Frequently have this symptom, effect is severe

<b>Head:</b> ____ Headaches ____ Faintness ____ Dizziness ____ Insomnia	<b>Energy/Activity:</b> ____ Fatigue/Sluggishness ____ Apathy/Lethargy ____ Hyperactivity ____ Restlessness	<b>Lungs:</b> ____ Chest Congestion ____ Asthma, Bronchitis ____ Shortness Of Breath ____ Difficulty Breathing
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<b>Eyes:</b> <input type="checkbox"/> Watery or Itchy Eyes <input type="checkbox"/> Swollen, Red or Sticky Eyelids <input type="checkbox"/> Bags or Dark Circles Under Eyes <input type="checkbox"/> Blurred or Tunnel Vision (not including near or far sightedness)	<b>Weight:</b> <input type="checkbox"/> Binge Eating/Drinking <input type="checkbox"/> Craving Certain Foods <input type="checkbox"/> Excessive Weight <input type="checkbox"/> Compulsive Eating <input type="checkbox"/> Water Retention <input type="checkbox"/> Underweight	<b>Heart:</b> <input type="checkbox"/> Irregular or Skipped Heartbeat <input type="checkbox"/> Rapid or Pounding Heartbeat <input type="checkbox"/> Chest Pain
<b>Ears:</b> <input type="checkbox"/> Itchy Ears <input type="checkbox"/> Earaches, Ear Infections <input type="checkbox"/> Drainage From Ear <input type="checkbox"/> Ringing In Ears, Hearing Loss	<b>Emotions:</b> <input type="checkbox"/> Mood Swings <input type="checkbox"/> Anxiety/Fear/Nervousness <input type="checkbox"/> Anger/Irritability/Aggressiveness <input type="checkbox"/> Depression	<b>Digestive Tract:</b> <input type="checkbox"/> Nausea, Vomiting <input type="checkbox"/> Diarrhea <input type="checkbox"/> Constipation <input type="checkbox"/> Bloating Feeling <input type="checkbox"/> Belching, Passing Gas  <input type="checkbox"/> Heartburn <input type="checkbox"/> Intestinal/Stomach Pain
<b>Nose:</b> <input type="checkbox"/> Stuffy Nose <input type="checkbox"/> Sinus Problems <input type="checkbox"/> Hay Fever <input type="checkbox"/> Sneezing Attacks <input type="checkbox"/> Excessive Mucus Formation	<b>Mind:</b> <input type="checkbox"/> Poor Memory <input type="checkbox"/> Confusion, Poor Comprehension <input type="checkbox"/> Poor Concentration <input type="checkbox"/> Poor Physical Condition <input type="checkbox"/> Difficulty Making Decisions <input type="checkbox"/> Stuttering or Stammering <input type="checkbox"/> Slurred speech	<b>Other:</b> <input type="checkbox"/> Frequent Illness <input type="checkbox"/> Frequent or Urgent Urination <input type="checkbox"/> Genital Itch or Discharge
<b>Mouth &amp; Throat:</b> <input type="checkbox"/> Chronic Coughing <input type="checkbox"/> Frequent Need to Clear Throat <input type="checkbox"/> Sore Throat, Hoarseness <input type="checkbox"/> Swollen or Discolored Tongue <input type="checkbox"/> Canker Sores	<b>Joints/Muscles:</b> <input type="checkbox"/> Pain or Aches in Joints <input type="checkbox"/> Arthritis <input type="checkbox"/> Stiffness or Limited Movement <input type="checkbox"/> Pain or Aches in Muscles <input type="checkbox"/> Weakness or Fatigued Muscles	<b>Grand Total:</b>

## ASSIGNMENT OF BENEFITS & RELEASE OF HEALTHCARE INFORMATION

I hereby authorize Keyes to Health, PLLC (KTH) doing business as Woodlands Family Chiropractic (WFC) to release patient healthcare information, compiled from the medical record pertaining to my services, in accordance with the policy of the clinic and Texas law, to facilitate reimbursement by a health benefit plan or third party payor, including but not limited to my insurance carries, Medicare or any other payor or agency. I also hereby authorize for services rendered. I am financially responsible and will pay for charges not covered on my insurance plan.

Initial: \_\_\_\_\_

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### CONSENT TO TREATMENT

I, or authorized representative/legal guardian acting on behalf of the patient, do hereby consent to receiving chiropractic services, which may include routine diagnostic procedures and treatment by the chiropractor, his assistants or designees, considered to be necessary in his judgment. I also acknowledge that the practice of health care is not an exact science and that no guarantees have been made to me as to results of treatment or examination at KTH/WFC.

Initial: \_\_\_\_\_

### FINANCIAL AGREEMENT & RESPONSIBILITY

For and in consideration of services rendered or to be rendered by KTH/WFC, I agree to pay clinic for all services and charges. I understand that I am responsible for any health insurance deductibles, coinsurance and non-covered charges. Payment in full is due at the time services are rendered or payment arrangements are to be made before your appointment.

Initial: \_\_\_\_\_

### ACKNOWLEDGEMENT OF RECEIPT OF PRIVACY NOTICE--HIPPA

I, the undersigned, hereby acknowledge receipt of the Notice of Privacy Practices for this practice. I understand how my healthcare information will be used and disclosed.

Patient/Guarantor Signature: \_\_\_\_\_ Date: \_\_\_\_\_